

LESSONS from “LOSERS”

Shabbat Shalom: In Real Time



“These things happened to them as a warning to us. All this was written in the Scriptures to teach us who live in these last days” (1 Corinthians 10:11, CEV).

🌟 **Bible Reading Plan:** Since Sabbath, we have read Deuteronomy 25 till Joshua 8.

■ **CONTEXT:** These chapters covered the final part of Moses’ farewell address to the Israelites, including blessings for obedience (& curses if not), a call to “choose life,” the Song of Moses, his final blessings, and his death. Then, with Joshua as the new leader, they at last enter the “Promised Land,” but, they are still so stubborn!

🌟 **God offered “REST” in and with Him -- the most “tangible” being the Sabbath:**

- ▶ #1: Based on Genesis 1:1-2:3 we see God setting up the 7th-day of the week as a sacred day to culminate/commemorate creation, for ___ humanity (Mark 2:27).
- ▶ #2: Isaiah 66:23 states that the 7th-day Sabbath will be kept in the _____ earth.
- ▶ #3: _____ kept Sabbath (Luke 4:16); & showed **how** to keep it holy (Matt 12:12).
- ▶ #4: Genesis 2:2 notes that God “rested from” “all His work.” The Hebrew term used here is *shābath*; it means to _____ or “stop,” not to “rest” (cf. Exod 5:5).
- ▶ #5: Exodus 20:11 uses a different Hebrew word for “rest” -- it’s the term *nuakh*. It includes the concept of _____, that is, “to settle down” or “quiet the mind.”
- ▶ #6: Exodus 31:17 informs us that God was “refreshed.” The Hebrew word here is *nāphash* (from *nephesh*); it is “to take a breath,” “to _____ oneself” (Ps 23:3).
- ▶ #7: Exodus 31:16 calls upon Yahweh’s people to “*observe* the Sabbath.” The key term used here is *‘āsāh*, which means “do/make;” here it implies _____!
- ▶ #8: Genesis 2:3 indicates that “God *blessed*” the Sabbath. What does this Hebrew term *bārak*, as used here mean? God will give you the _____ to obey Him.
- ▶ #9: Genesis 2:3 adds that God also “sanctified” this special day. The important word is *qādāsh*. It is to “set apart,” “consecrate:” by _____ presence (Exod 3:5).
- ▶ #10: This is the only day with an additional endearing title: _____ (Isa 58:13).

🌟 **Revelation’s Three Angels Messages (ch. 14:6-12), which point prophetically to the time of the end, identify the seventh-day Sabbath as pivotal (vss. 7 & 12):**

Rev 14:7 is a *direct quote* from Exod 20:11; & vs. 12 refers to the faithful saints as those who “keep the commandments of God and the faith of Jesus.” *It is our choice!*

SDA Fundamental Belief #20: “The gracious Creator, after the six days of Creation, rested on the seventh day and instituted the Sabbath for all people as a memorial of Creation. The fourth commandment of God’s unchangeable law requires the observance of this seventh-day Sabbath as the day of rest, worship, and ministry in harmony with the teaching and practice of Jesus, the Lord of the Sabbath. The Sabbath is a day of delightful communion with God and one another. It is a symbol of our redemption in Christ, a sign of our sanctification, a token of our allegiance, and a foretaste of our eternal future in God’s kingdom. The Sabbath is God’s perpetual sign of His eternal covenant between Him and His people. Joyful observance of this holy time from evening to evening, sunset to sunset, is a celebration of God’s creative and redemptive acts. (Gen. 2:1-3; Exod. 20:8-11; 31:13-17; Lev. 23:32; Deut. 5:12-15; Isa. 56:5, 6; 58:13, 14; Ezek. 20:12, 20; Matt. 12:1-12; Mark 1:32; Luke 4:16; Heb. 4:1- 11.)”